

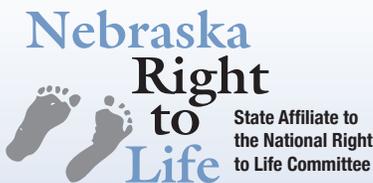
# Lincoln Right to Life

## NEBRASKA WALK FOR LIFE

**SATURDAY, JAN. 31**

10 a.m. State Capitol, Lincoln, 14th and K streets, north side

Sponsored by



A brief program will occur at the Capitol, then we walk seven blocks to our indoor venue at the University of Nebraska-Lincoln Student Union, 14th & R streets, second floor, Ballroom & Centennial Room for our keynote speaker. Hot beverages, baked goods and a pro-life information table will be available.



### About Mario St. Francis

A former actor and model, Mario St. Francis is the spokesperson and director of media and PR for WorldYouthDay.com, the co-director of Youth In Europe Inc., a Catholic youth pilgrimage company, as well as an independent producer. He has traveled the world over speaking to audiences in five languages (English, Spanish, Italian, Malayalam and even Hindi). Primarily, he speaks in English and Spanish. His conversion story and work with youth in the pro-life movement will resonate with pro-lifers, young and old!

**Parking is available east, south and west of the Capitol, and in metered stalls and parking garages between downtown and the Capitol.**

**Dress warmly and bring the family to this peaceful, legal witness for LIFE! All events conclude at 1 p.m.**

**Baked goods accepted at south side of the Student Union 8 a.m.**

**Jan. 31, and prior days by arrangement. Questions? Call 402-318-8291 or e-mail [nebraskartl@gmail.com](mailto:nebraskartl@gmail.com).**

9 a.m. Mass at St. Mary's Catholic Church, 14th and K streets is sponsored by the Bishops' Pastoral Plan for Pro-Life Activities.

## From the president, Matt Tapling

### *Season's greetings and happy new year*

On Dec. 25, we celebrated the birth of a child, Jesus, to a young Jewish teenage girl, Mary. Also, the acceptance of that girl and baby by a young man, Joseph, who took them in as his own family. On Dec. 28, the Catholic Church commemorates the Holy Family as well as the feast of the Holy Innocence. The Holy Innocence remembers the slaughter of children under age 2 by King Herod in search of Jesus. The fight we engage in to protect the helpless children in the womb has been occurring in one form or another since the time of Christ. It is our responsibility to persevere in our effort to educate, support and witness to the gift of life.

The Nebraska Walk for Life is Jan. 31, beginning at the State Capitol at 10 a.m. and walking onto the University of Nebraska Student Union. This Nebraska Right to Life-sponsored event draws thousands of pro-lifers to the largest public witness in the state. Lincoln Right to Life will be present at the Student Union with a table featuring the latest brochures and information.

We begin the Spring 40 Days for Life campaign Feb. 18. We are developing plans for a campaign to educate the community of the facts about a child's development throughout the stages of pregnancy. Stay tuned and pray for this new campaign's success.

Lastly, I pay tribute to a great man and a giant in the pro-life community. Bob McCabe passed away just before Christmas. Bob and Pam have been the backbone of this organization for many years. Whether it was his leadership in the realization of the Right to Life house next to Planned Parenthood, his regular prayerful vigilance, or his open heart for the pregnant women whom he welcomed into his home to support them in their decision for life. Bob is a great example of a man making the most of his time, talent and treasure to make a difference in the lives of his family, his church and the community around him. Personally, Bob and Pam are the giants upon whose shoulders I stand to continue the cause for life, for without them, Lincoln Right to Life would have a very different legacy. I am the president of the organization because Bob asked me to get involved. I ask you to pay Bob tribute by using his example as motivation to be aware of those around you and get involved. We pray for Bob and wish his family the peace of knowing God's love in this time of loss and grief.



Bob McCabe

### Did You Know?

1. Gender is determined immediately upon fertilization. The 23rd pair of chromosomes establishes the sex of the baby. The mother's egg contains an X chromosome, while the father's sperm carries either another X or a Y chromosome. An XX combination means your baby is female, and an XY combination means your baby is male. This means that the baby's gender is determined before it is even considered a fetus. — [www.livestrong.com](http://www.livestrong.com)

### Fetus

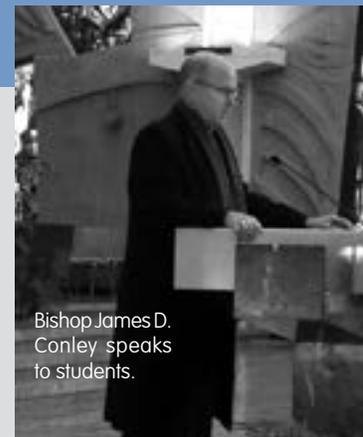
2. Female: At 20 weeks, a female fetus has a fully developed reproductive system, replete with 6 to 7 million eggs. — [http://www.pbs.org/wgbh/nova/baby/fert\\_text.html](http://www.pbs.org/wgbh/nova/baby/fert_text.html)
3. Male: By the 10th week of pregnancy, a fetus's gender is evident, and by week 14 sex organs have formed. — [http://www.pbs.org/wgbh/nova/baby/fert\\_text.html](http://www.pbs.org/wgbh/nova/baby/fert_text.html)
4. During week seven of development, or five weeks after conception, your baby's brain and face are rapidly developing. Tiny nostrils become visible, and the eye lenses begin to form. The arm buds that sprouted last week now take on the shape of paddles. — <http://www.mayoclinic.org/healthy-living/pregnancy-week-by-week/in-depth/prenatal-care/art-20045302?pg=2>
5. By the 10th week of pregnancy, or eight weeks after conception, your baby's head has become more round. The neck begins to develop, and your baby's eyelids begin to close to protect his or her developing eyes. — <http://www.mayoclinic.org/healthy-living/pregnancy-week-by-week/in-depth/prenatal-care/art-20045302?pg=2>

## Pro-life students come for Kansas

Approximately 80 students, teachers and counselors traveled 160 miles from St. John's Catholic School in Beloit, Kansas, Dec. 2 for a Pro-Life Day. They gathered at the Cathedral of the Risen Christ to hear Bishop James D. Conley and Lt. Gov. Mike Foley speak on life issues. They then gathered at the Lincoln Planned Parenthood facility on South 48th Street to pray for those contemplating abortion.



Lt. Gov. Mike Foley addresses students on life issues.



Bishop James D. Conley speaks to students.

FEB. 18 - APRIL 4  
**HELP  
SAVE  
LIVES**

*Join the  
worldwide  
movement  
to protect  
mothers  
and babies*



**Lenten Prayer Vigil**



**PRAYER &  
FASTING**



**COMMUNITY  
OUTREACH**



**PEACEFUL  
VIGIL**



From **Feb. 18-April 4**, our community will join hundreds of other cities participating in *40 Days for Life*, a life-saving campaign made up of three components:

*40 Days for Life* is a peaceful pro-life effort that has been embraced by more than 625,000 volunteers in 539 cities across 24 nations.

With GOD's help, *40 Days for Life* has achieved proven results: 8,973 babies spared from abortion, 101 abortion worker conversions and 56 closed abortion centers.

Get involved, and *YOU* can help save lives!

**LINCOLN VIGIL:**

**Location:** Planned Parenthood  
5631 S. 48th St. • Lincoln, NE

**Hours:** 6 a.m.-6 p.m. every day

**Contact:** Matt Tapling, 402-570-5156  
[lincolnrighttolife@windstream.net](mailto:lincolnrighttolife@windstream.net)

For your congregation's time slot visit:  
[www.40daysforlife.com/Lincoln](http://www.40daysforlife.com/Lincoln)



Students gather outside Planned Parenthood.



Students from St. John's Catholic School in Beloit, Kansas, travel to Lincoln to stand up for life.

## Lincoln Right to Life

Fostering respect for human life from  
conception to natural death

### Board members:

Matt Tapling, <i>president</i>	Sandy Danek, <i>newsletter editor</i>
Russ Barger, <i>vice president</i>	Jayson Becker
Maggie Kramer, <i>treasurer</i>	Lynn Ellemeier
Tad Stryker, <i>secretary</i>	Charles Hamilton
	Don Kalcik
	Mary Quintero
	Susan Scott

[lincolnrighttolife@windstream.net](mailto:lincolnrighttolife@windstream.net)

Thanks for your generous donations

Lincoln Right to Life is in need of funds. Your generous, tax-deductible donation assists Lincoln Right to Life in its lifesaving efforts. Please use the enclosed envelope to send your gift today! Thank you.

### Mother's Assistance Fund

This fund assists mothers who have turned from abortion. Due to your continuous generosity, we are able to provide support to mothers, including those we have mentioned in this and past newsletters. Please use the enclosed envelope and mark it "Mother's Assistance Fund." Your continued support is most appreciated.

## Has your address changed?

Please help us maintain our newsletter address list. Before you move, you can send us your new address by emailing us at [lrlmembership@windstream.net](mailto:lrlmembership@windstream.net). Be sure to send your name with your old and new addresses. Or complete this form and clip it with the mailing label below and mail to: Lincoln Right to Life, P.O. Box 6321, Lincoln, NE 68506.

Name: \_\_\_\_\_

New address: \_\_\_\_\_

Phone: \_\_\_\_\_  I am receiving duplicates.

## LINCOLN RIGHT TO LIFE

PO Box 6321  
Lincoln, NE 68506  
402-327-9015

ADDRESS SERVICE REQUESTED

Non-Profit  
Organization  
U.S. Postage  
Paid  
Lincoln, NE  
Permit #470

## Saving lives, helping mothers

*The following is a letter received from a mother who was helped by Lincoln Right to Life volunteers with God's Helpers of Precious Infants.*

"I thank you ladies for everything you have done to help me, my daughter and my unborn child at a time when we needed it the most. I am the type of person who likes to do things for myself and have trouble asking for help when it is absolutely needed. I was upset with myself for being in a hard position in which I didn't know what to do next, so the help with gift cards, Pack 'n Play, clothes, diapers and other things have helped me get back on my feet to where I can do things for us. I am lucky to have such wonderful women enter my life at such a perfect time."

*She went onto write to Pam McCabe:*

"I am so happy I have met such a sweet and caring person at such a desperate time in my life. You helped me in more ways than you could possibly know without any questions asked. I needed that. I wanted you to know we found a nice place to live. It is a nice two-bedroom duplex under budget. I did it! I found a safe home before this baby comes. I definitely can thank you for being a part of that as well. You are truly an angel of God!"

*This young mother is due with her baby on Feb. 3. This was a group effort of support provided by Lincoln*

*Right to Life, Lutherans for Life, Christ Lutheran Church, Catholic Social Services and the Pregnancy Care Center.*

**"You helped me in more ways than you could possibly know ..."**

